



### **SUPPLY LIST OPTIONS:**

#### **Hygiene Items List**

- Toilet Paper
- Toothbrushes
- Toothpaste
- Powdered Laundry Soap
- Travel Size Lotion
- Deodorant
- Bar Soap
- Diapers (specifically size 4, 5 and up)
- Feminine Hygiene Products
- Travel Size Shampoo & Conditioner
- Travel Size Mouthwash
- Razors

#### **Canned Goods List**

- Soups
- Chili
- Ravioli
- Canned Chicken / Tuna
- Pasta Sauce / Spaghetti
- Canned Veggies \*
- Peanut Butter
- Jelly
- Cereal \*
- Instant Oatmeal
- Instant Mashed Potatoes
- Canned Fruit
- Macaroni and Cheese
- Hamburger Helper
- "Pasta Sides" Pouches \*
- Granola Bars
- Fruit / Applesauce Cups
- Pudding Cups
- Rice – 1 lb bags or small boxes \*
- Protein bars/power bars/healthy snacks \*
- Milk Boxes for kids
- Crackers in individual sleeves
- Snacks for kids - individually wrapped
- Juice Boxes
- Baby Formula / Food / Diapers

**\* Most needed items**

### **Please Return Bags To:**

ColePromo  
7854 N. Academy  
Colorado Springs, CO 80920